Did you know that March 21st was International Tiramisù Day? The students of Italian at POB JFK High School had an exciting opportunity to prepare the dessert for this day.

The Tiramisù that students prepared is comprised of layers of sponge cake soaked in espresso coffee, with powdered chocolate and mascarpone cheese. Mrs. Clausi, teacher of Italian, provided a demonstration on how to prepare this famous Italian dessert. This demonstration was linked to class discussion on how Italian cuisine is so simple and genuine. It is actually one of the most widespread and appreciated cuisines in the world. Since many students have a sweet tooth and were curious about desserts in Italy, they mentioned Tiramisù, pointing out that it is on many menus at restaurants. Nevertheless, many of them never tasted it.

Taking advantage of this teachable moment, Ms. Clausi had prepared lessons on the history of Tiramisù, the meaning of the word Tiramisù, its ingredients, and its origins back in the early 1900’s in the Italian region of Friuli Venezia Giulia. Ms. Clausi and the students decided to make Tiramisù together as an after school activity to celebrate the International Tiramisù Day.

With all ingredients ready, Mrs. Clausi gave instructions in Italian, and the students carefully prepared this delicious dessert. The students enjoyed their time making Tiramisù, and were able to contextualize classroom learning with an authentic experience in food preparation.

This event helped to promote the Italian culture around the world, and at JFK High School.

  